

OPTIMA WILL HELP YOU TO BUILD ON YOUR BUSINESS ACUMEN AND INCLUSIVE LEADERSHIP OVER 6 MONTHS

YOUR DEVELOPMENT ENCOMPASSES:

A foundation session to understand your leadership style, some pre-reading, followed by facilitated 90-minute virtual sessions with an External Leadership Expert, discussion-based learning, peer coaching and special guest speakers from Sky.

You will further develop your:

- Self-awareness
- Courage and confidence when seeking perspectives & inviting opinions
- Ability to build trust & understanding, within and across your team(s), towards increased engagement
- Strategic thinking muscles



OPTIMA PERSONAL FOUNDATION SESSION

Bring your Whole Self to how you lead and inspire!

- Uncover what is unique about your leadership style through your personal CliftonStrengths Insights report
- Unlock your inner talents and resources to achieve your goals and challenges, with your Clifton Strengths Diagnostic Debrief and group coaching session



YOUR SIX STRUCTURED VIRTUAL SESSIONS

1. **Inner Compass** - Purposeful Values Driven Leadership – Providing you with insight and clarity around your key values which will allow you to lead authentically and with purpose.
2. **'Who let the Lizard in?'** - Tackling feelings of negative self-talk/doubt/ being an Imposter - Towards cultivating your courage and confidence
3. **Empowering Equity** - How to demonstrate great leadership in our diverse and intersectional world.
4. **Mind The Gap** - Multigenerational team leadership, how to create a high-performance team, manage tensions due to a multi- generational workforce, towards improved retention, engagement, and productivity.
5. **Good to Great** – Developing your Strategic Thinking Muscles - Uplevelling your thinking to a strategic level, broader and wider than your current position.
6. **Uplevelling Your CV** - How to ensure your CV represents you at your next leadership level, rather than solely as you are right now.



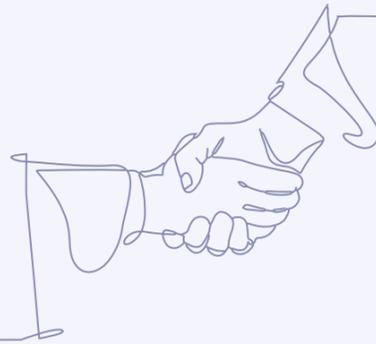
GRADUATION!

Come together with your Optima cohort to showcase your learning and growth, celebrate the journey and the connections that have been made amongst yourselves and with senior Sky leaders.



OPTIMA ALUMNI

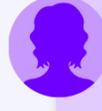
After graduating you will be invited to join our Optima Alumni to continue to build connections with your peers, past and present, engage with ongoing topics of learning in a peer supported group, access guest speakers and leaders from the business looking at a variety of topics that are upcoming or key to ongoing company and industry challenges and opportunities.



OPTIMA FEEDBACK 2024



“ A safe space and dedicated time to reflect on self and commit to areas of personal and professional development. ”



“ I liked the Programme a lot. ”



“ The cadence of the programme, the calendar of pre-published events and the calibre of participants was great. ”

